



Moral and Religious Mental Development of TNI Soldiers Based on Spiritual Approach from the Perspective of Hizbiyyah Da'wah

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ABSTRACT

This research aims to identify mental development programs at the TNI Pusbintal with a spiritual approach. The research approach used in this research is a qualitative approach with data collection techniques in the form of interviews and literature studies. The research results show that the moral and mental development of TNI soldiers carried out by the TNI Pusbintal on a spiritual basis plays a vital role in shaping the moral and mental characteristics of TNI soldiers. The spiritual-based coaching techniques used are prayer, dhikr and meditation. These three techniques are not only explained in material form but are also applied in the daily lives of TNI soldiers when they carry out their duties. The above shows the role of mental development for the TNI based on al-Islamiyah da'wah. Mental training within the TNI has apparent legal force and carries sanctions for violators. So, mental development in religious practice further shows the role of the TNI Pusbintal as one of the constructs of al-Islamiyah da'wah. From a da'wah perspective, the TNI Pusbintal can be categorized as a da'wah institution that carries out institutional da'wah or hizbiyyah da'wah. This institution is vital to strengthening the mentality and morale of TNI soldiers based on Islamic spiritual values. Thus, it will strengthen the TNI, which is not only an educational institution that produces strong soldiers but also has a depth of spirituality in carrying out its duties to maintain national security and defence.

Keywords: *Da'wah hizbiyyah; mental development; TNI soldiers.; spiritual approach.*

INTRODUCTION

The official institution of the Indonesian National Army (TNI), which was ratified on June 3 1947, was a development of the People's Security Agency (BKR), which later changed its name to the People's Security Army (TKR), then changed again in line with international military policies to become

the Indonesian Republic Army (TRI), in the end, the name Indonesian National Army (TNI) applies to this day (Puspen TNI, n.d.) The TNI has the duties, roles and functions listed in Law Number 34 of 2004. The TNI plays a role as an instrument of the State in the field of defence the TNI has The main task is to uphold the sovereignty of the State, defend the territorial integrity of the Republic of Indonesia, and protect the entire nation and all of Indonesia's blood (UU No. 34 of 2004).

Carrying out the roles, duties, and functions of the TNI requires special skills and expertise; the education and development of prospective TNI soldiers and TNI members are fundamental. One of the essential forms of training for TNI soldiers is mental development to form moral and mental characteristics. *Coaching* is an activity that maintains and perfects something that already exists (Soetopo & Soetomo, 1990). The TNI soldier spirit is the attitude of TNI soldiers, which includes the spirit of heroism, discipline, honesty, solidarity, courage and the spirit of service (Ilyas, 2016). Developing the spirit of TNI soldiers is a critical process within the TNI to build and strengthen the TNI as a tool for national defence. Developing the spirit of TNI soldiers needs to be considered, starting from the recruitment process for prospective soldiers, the education process, coaching patterns, training patterns and evaluation (TNI, 2008).

The main objective of training TNI soldiers, according to the instructions for training TNI personnel and human resources, is to prepare soldiers who can optimally carry out their duties to create a TNI organization that is professional, effective, efficient and modern (TNI, 2008). In more detail, the development of the souls of TNI soldiers aims to shape the morals and mentality of TNI soldiers to form the characteristics of TNI soldiers, including the attributes of discipline, leadership, caring, courage, honour, patriotism, professionalism and obedience. Another characteristic of developing the spirit of TNI soldiers is forming a loyal attitude (Wibowo & Pratiwi, 2021).

The TNI has its code of ethics, which is compiled in the soldier's oath, the *Sapta marga*, and is collected in the TNI's obligations, including being friendly towards the people, being polite towards the people, upholding the honour of women, maintaining one's honour in public, always being an example in attitude. And its simplicity never harms the people. They never intimidated or intimidated the people, and they set an example and spearheaded efforts to overcome the difficulties of the people around them.

To develop TNI soldiers' spirit, they must have moral and mental characteristics adequate for the entire TNI body, including the TNI AL, TNI AU, and TNI AD. Character comes from Greek, meaning to mark or mark how to apply good values in actions or behaviour. In the Islamic view, the character is called *akhlak*; the word *akhlak* comes from Arabic, namely *kebuluqun*, which means character, temperament, behaviour and habits (Tiswarn, 2007). Education or character-building is a deliberate effort to help someone understand and practice core ethical values (Lickona, 1991). This ethical foundation contributes to the mental formation of the TNI.

For this reason, the TNI institution implements a mental development system through transparent institutions down to the lowest leadership. The existence of the TNI as the guardian of the sovereignty of the Republic of Indonesia requires ethical and disciplined training in religious practice. In this way, the TNI will appear as a human figure who is militant, loyal to the Republic of Indonesia and devoted to God. In this case, for Muslims' religious and mental development, providing guidance within the framework of *al-Islamiyah da'wah bizbiyyah*.

The development of moral and mental characteristics within the TNI is called mental development. Coaching in the Big Indonesian Dictionary (KBBI) fosters and renews efforts, actions and activities to obtain better results (KBBI, 2002). According to the KBBI, mental health is related to the human mind and character (KBBI, 2002). Mental *health* is the state of a prosperous individual realising his or her potential, coping with the everyday stresses of life, working productively, and contributing to the environment (Dewi, 2012). Mental development is a series of systems that regulate a person's or group's attitude in determining the steps and aspects of life. The coaching includes moral coaching, attitude and mental formation (Pangkoarmada 1, 2012). Thus, the existence of institutions that engage in mental development has good value. With structured guidance from an institution, the formation of human characteristics that care about positive behaviour will become a discourse. Through the TNI Pusbintal institution, changes in the TNI's attitude for the better every decade will be easily achieved. This is the hope of the Head of the TNI Bintal Center (Interview with the Head of the TNI Bintal Center on April 29 2023).

In accommodating the mental development process of TNI soldiers, the TNI institution formed a unique institution, namely the Indonesian National Army Mental Development Center (PUSBINTAL TNI).

PUSBINTAL TNI was formed by Presidential Decree No. 10 of 2009. Pusbintal's main task is to provide comprehensive mental development. As well as carrying out integrative mental development within the TNI environment. The TNI Headquarters, as the highest leader under the TNI Commander, is a special organization that provides services and mental development for all TNI Soldiers. Pusbintal TNI consists of several institutions, including the Center for Training and Development of Mental and Spiritual Development (Puslatpembinspirit), the Center for Mental and Spiritual Health Recovery (Pusrekamspirit), the Center for Integrated Mental and Spiritual Development (Pusbinlatpad), and the Center for Counseling and Spiritual Services (Puskonseling). Puslatpembinspirit provides education and training in mental, moral and spiritual development for TNI soldiers. Pusrekamspirit is tasked with providing mental and spiritual health recovery for TNI soldiers who experience mental disorders or spiritual problems. Pusbinlatpad provides integrated mental and spiritual development, including education and training, mental and spiritual health recovery, counselling and spiritual services. The counselling centre is tasked with providing counselling and spiritual services for TNI soldiers and their families.

Training that includes service elements to members and their families is found in the TNI environment, which is very difficult to find in other institutions. Therefore, mental development through the TNI Pusbintal program always intensifies yearly. The birth of the mental development manual in the TNI environment has made the mental development process for TNI members, carried out by all soldiers, more neatly organized compared to other institutions.

Developing mental and moral characteristics for TNI soldiers is very important to carry out their duties and responsibilities to maintain the integrity of the Republic of Indonesia. Because the mental and moral condition of TNI soldiers influences their performance of TNI soldiers in carrying out their duties (Rohimat et al., 2020). TNI soldiers also need to develop moral and mental characteristics to maintain discipline as soldiers and maintain harmony with other institutions and society. Violations of pure discipline and impure discipline among TNI soldiers, according to the TNI Military Police Center (Puspom TNI) in 2014-2016, are as follows:

Table 1.

TNI Soldier Violations 2014-2016

Type violation	2014	2015	2016
Desertion	1.246	1.452	1.002
Immoral	159	234	259
Drugs	179	350	366
Persecution	149	171	101
Fraud	67	62	79
Amount	1.800	2.269	1.807

Source: Uksan, 2017

In 2022, TNI Commander Admiral Yudo Margono said that the number of trends in violations of discipline and publication regulations would increase by 50.6% compared to the previous year (CNN Indonesia, 2023). This situation requires efforts to improve the enforcement of discipline and guidance to prospective and TNI soldiers. Apart from enforcing discipline through tightening regulations and sanctions, this indicates the importance of developing moral and mental characteristics for the TNI based on a spiritual approach.

Previous research that is relevant to this research includes a journal written by Sri Muryani with the title, 'Pembinaan Mental Keagamaan Dan Kinerja TNI AD Studi Kasus di Kodim 0913/PPU Kabupaten Penajam Paser Utara Propinsi Kalimantan Timur'; the journal shows that an impact positive results are resulting from religious mental development on the performance of TNI members (Muryani, 2020), apart from that, the journal written by Muhammad Yahdi with the title, 'Pembinaan Mental Tentara dalam perspektif al-Qur'an' states that Rasulullah Saw was a figure who succeeded in developing mental soldiers, one of whom uses a spiritual approach that forms the strength of faith of Islamic soldiers (Yahdi, 2020). Apart from that, the journal entitled 'Dakwah Islam dan Pencegahan Radikalisme Melalui Ketahanan Masyarakat' written by Najahan and Lulu, focuses more on the urgency of Islamic da'wah as an effort to defend society from dangerous events caused by radicalism (Musyafak & Nisa, 2021).

Based on the description above, what differentiates this research from previous studies is that this research aims to identify mental development programs at PUSBINTAL TNI, especially at the Integrated Mental and Spiritual Development Center (Pusbinlatpad) with a spiritual

approach. This research uses a qualitative approach to explore and deepen meaning (Creswell, 2017). The data collection techniques used were interviews and documentation or literature studies.

In the al-Islamiyah da'wah approach, the TNI Mental Development Center within the TNI Headquarters uses multiple coaching, including paying more attention to aspects of the spiritual needs of TNI members in supporting their primary tasks. This is also in line with what is being done at the lower level, as has been done in the unit environment with the guidance of Pabintalis. This research was conducted at Kosek Hanudnas Polonia Medan (Jurmaniana, 2020:66). This research illustrates that military officers in the TNI have a dual role. Apart from being the guardian of the sovereignty of the Republic of Indonesia, it must also provide direction and guidance that can be understood by all members of the TNI in order to develop and maintain the mental condition of every member of the TNI.

RESULTS AND DISCUSSION

Characteristics of Mental Development at PUSBINTAL TNI

Mentality is part of the spiritual anatomy that moves with the brain and heart. Sufism's perspective, the mental is part of the processing element for forming positive character. As stated by Zakiah Darajat in his work entitled Mental Health, directing humans in their search for the highest level of ethics and behaviour. Meanwhile, from a religious perspective, the existence of good attitudes is called *akhlaq al-Karimah*. In reviewing the science of *Da'wah*, mental development is part of *Da'wah*, which invites and shapes humans to be better and become perfect humans. According to al-Jily, he is called the figure of *al-insan al-Kamil*. Because *da'wah* aims to be an agent of social service as well as an agent of social change (Fathurrahman, 2023).

Referring to the above, the TNI Pusbintal adopted the theory of mental health from the perspective of Western psychologists in collaboration with the *akhlaq al-karima* development system from the perspective of moral science. Thus, this institution's attention to the development of behaviour towards *akhlaq al-Karima* is highly prioritized, especially for TNI soldiers who are Muslim.

The concept of TNI Mental Development has been formulated in a guideline entitled Reference Guide for Mental Development of the Indonesian National Army Pinaka Baladika Utama. It contains patterns of mental development for TNI soldiers. As a guide for the TNI in mental

development related to faith, worship and noble morals (TNI Headquarters, 2002: 6). In this case, the mind is one of the human spiritual organs which has a vital role in the improvement and movement, called behaviour. Therefore, in its development process, the TNI does not separate itself from the process of religious mental development for its members. It is even used as a legal force with sanctions for violators because it has been confirmed in the Decree of the TNI Commander No. Kep/950/IX/2022 dated 30 September 2022.

Apart from being a civil servant, he must forge himself through religious mental development. So that TNI soldiers become figures who are reliable in the physical field and also strong in religious mentality. This is proven by a system that manages spiritual formation, which is included in religious mental formation, including implementing religious teachings in a disciplined manner. Referring to the theory put forward by Zakiah Daradjat, who guided mental development as an effort towards an adaptive attitude (Daradjat, 1996:11). The publication of the guidelines above is an essential capital for the TNI Pusbintal in carrying out training and creating a clear legal basis, that through the process of mental development in the TNI environment, reliable TNI members will be born. Apart from that, every member of the TNI who does not heed mental training will be subject to sanctions, ranging from light sanctions to severe punishment.

The process of mental development for TNI members begins from the moment a person becomes a member of the TNI, namely when they are accepted based on the results of a skills test and then followed up with systematic and continuous coaching so that every TNI member will receive coaching to be better and show more brilliant results from the coaching process. which is gradual, tiered and continuous, will then be developed based on the ability to practice religion by each bintal at the lowest level of unity. For the TNI Headquarters environment, guidance is carried out directly by the Head of the TNI Headquarters; even when interviewed at the TNI Headquarters, the Head of the Bintal Department explained that there were routine religious formation activities in the Headquarters environment which were attended by the TNI Commander (interview with Head of the Bintal Headquarters on 7 April 2023). This proves that mental development within the TNI is optional for subordinates. However, the Commander in Chief gave a direct example. The TNI Commander, as the highest leader in the Indonesian National Army institution, does not escape religious mental development activities.

Mental development itself was initially only known within the scope of psychology. In the Islamic world, it was introduced through the discipline of Sufism. Mentality, in the view of Islamic religious knowledge, is close to the *nafs* or soul (Syaeфу, 2023). The *nafs* or soul is the same as the body that needs nourishment. As for the invisible *nafs*, soul or mental state, it requires nourishment in the form of spiritual formation either by carrying out physical acts of worship such as prayer, fasting, heart practices such as sincerity, patience and *tazkiyatun nafs*, which is a process of purifying the human soul from various impurities (Hanbali & Hanafani, 2023).

Mental character is influenced by the strength of a person's mindset, so its emergence requires a long process of individual development. The training carried out by the TNI is directed at religious mental development, including providing TNI guidance in the field of religious practice to dynamic and religious family life patterns. This method is considered effective in providing soldiers with moral strength as soldiers tasked with maintaining the integrity of the Republic of Indonesia. In a previous journal, there was a discussion about Islamic mental development for TNI members in North Penajam Paser, showing the uniformity of mental training and a unified training pattern in various military units to create a harmonious atmosphere in spiritual aspects (Muryani, 2020).

The characteristics of mental development for TNI soldiers are carried out by referring to toughness, adaptability, positive thinking patterns, self-awareness and leadership. These characteristics of mental development for TNI soldiers are essential to forming TNI soldiers who are mentally strong, have high adaptability, and can face challenging situations in carrying out their duties. TNI soldiers must be mentally tough to face stressful situations in carrying out their duties. TNI soldiers who have resilience will be able to overcome fear and anxiety that may arise in duty situations. Mental toughness is the condition and ability to bounce back from situations of stress, anxiety or challenges that are being or have been faced and having the ability to function well in everyday life. People with high mental toughness will be able to face any pressure, failure or difficulty healthily and adaptively, even to the point of gaining the ability to overcome feelings of anxiety and fear. Mental toughness is also considered the ability to survive in challenging situations. Difficult situations will likely always be experienced by every member of the TNI when they are on the battlefield or any terrain that is considered very difficult to do something; for this reason, high mental toughness will show better expectations. This

ability will be related to the adaptability of a TNI soldier at the place of duty.

TNI soldiers must have the ability to adapt quickly, which can help in different situations and environments. This ability to adapt quickly becomes important in duty situations that may differ from everyday conditions, such as humanitarian missions or assignments in remote areas. A TNI member must be able to adapt to their place of duty. Even though they are alone, their mental attitude must still be adaptive. Whatever circumstances you encounter while carrying out your duties as a soldier, there is no time to complain. Mental strength and discipline of loyalty to institutions and loyalty to leadership have become the identity of every member of the TNI in various fields.

This ability to adapt quickly is a skill that both individuals and institutions must possess in organizations to adapt to new environments or when experiencing change. Adaptability involves behavioural abilities, thought patterns, and action plans that a soldier will carry out. In this way, TNI institutions will always remain effective and productive when facing change. Individuals or groups who have good adaptation values will be able to face challenges and changes effectively and efficiently. They can adapt when environmental or situation changes occur, maintain maximum performance, and achieve success in various situations. Groups or organizations and even TNI institutions will be able to survive and grow in dynamic situations. Moreover, they have more ability to respond to situations.

A positive mindset is also a characteristic of training TNI soldiers. Positive thinking, or in the Islamic concept known as *busnudzhan*, turns out to have a significant relationship with mental health in large portions (Hasan & Mud'is, 2022). TNI soldiers must be optimistic when facing complex and challenging situations. A positive mindset will help TNI soldiers stay focused on goals, maintain fighting spirit, and motivate themselves and team members. The soldier's spirit must always burn in his soul and become the spirit of every member. Moreover, this does not always have to be fostered by other people. However, they must be able to develop themselves to carry out their duties perfectly.

This attitude is part of a mental attitude that focuses on positive thoughts, beliefs and outlook. This positive mindset influences the tendency to pay attention to all possibilities. This also influences the attitude of leaders within the TNI institution in determining how to act

(CB). In this way, each way of acting will be carefully thought out and adhere to the principle of flexibility. This method is used in TNI institutions so that every movement or program continues to run smoothly, using a variety of alternative ways of acting. This way, we will pay attention and see opportunities among obstacles, threats, and disturbances to determine the best steps to take, especially when TNI soldiers are on the battlefield. The things above will determine all solutions when facing problems.

A positive mindset does not mean ignoring problems or obstacles but trying to find solutions to problems to carry out your duties, especially your primary duties as a TNI soldier. A positive mindset is also believed to be able to help improve psychological well-being in managing stress and anxiety, which often hinder work situations. Apart from that, it can also improve performance, which leads to productivity. People who have a positive mindset will have greater confidence. Moreover, I have confidence in every decision made. This aspect makes the TNI more established in terms of action. A positive mindset also makes it easier for someone to adapt and change.

Self-awareness is a characteristic that TNI soldiers must have. Self-awareness is intelligence where a person can place himself according to certain situations and conditions. This attitude also has relevance to a person's religiosity (Akbar et al., 2018). TNI soldiers must have strong self-awareness, including self-understanding, emotions, and the ability to control themselves in any situation, especially in stressful situations. TNI soldiers who have strong self-awareness will be able to overcome uncertainty and anxiety in carrying out their duties. This ability is to recognize and understand yourself. Self-awareness also influences a person's actions in carrying out their duties. Self-awareness in religious teachings is often taught through Sufism. Even the hadith of the Prophet Muhammad SAW states that knowing oneself will have implications for knowing God.

Various theories to create self-awareness are developed through a religious approach, including *mahasabah* methods and techniques. This technique leads a person to understand a person's strengths and weaknesses. Through this technique, TNI soldiers are also invited to understand their abilities. In staff administration lessons at every level of education, you will be taught to understand your and your opponent's abilities. Understanding one's own and opponent's strengths is a TNI performance tradition that is always carried out to carry out activities

successfully. Another important thing is that self-awareness is the key to successful personal development and success in navigating life. Through self-knowledge, a person can make better decisions and manage emotions and stress effectively. It also has benefits in developing better social skills.

Another characteristic of TNI development is the instilling of a leadership spirit. A person's leadership significantly impacts the achievement of planned goals and the direction and movement of the institution he leads (Al-Gufron & Anwar, 2020). TNI soldiers must have good leadership skills, including the ability to motivate a team, provide direction, make the right decisions, and work collaboratively with team members and superiors. In any situation, a leader must provide clear directions to his staff. In the work of TNI soldiers, there is something called CMI (How to Give Instructions); this makes it easier for soldiers to give instructions in various situations. This tradition is carried out starting from leading in marching regulations within the TNI to the ability to order subordinates or other soldier staff in various situations through careful consideration before ordering. This leadership attitude is the art of managing and controlling several people in a group or even controlling groups of people. Firmness and clarity in giving orders are the keys to successful leadership within the TNI. Because mistakes will always be placed on each leader when carrying out orders. Orders contain legal content. Any violation of a superior's orders will result in clear legal consequences.

In line with the results of research conducted with Sri Mulyani regarding religious mental development in North Penajam Paser, which provides clarity that the TNI's mental development, apart from being directed at training regarding struggle and santiaji, is also carried out directed training in the religious field. The Islamic Counseling Guidance study, Faculty of Da'wah and Communication, UIN SGD Bandung, is discussed in the Mental Health course. So, there is a close relationship between the religious mental development process carried out by TNI institutions and the al-Islamiyah Da'wah movement, which is discussed within the Da'wah and Communication faculty. G-COUNS: Journal of Guidance and Counseling Vol. 4 No. 2, June 2020 p-ISSN: 2541-6782, e-ISSN: 2580-6467 contains researchers' views on the importance and process of mental development in TNI institutions, which connects with one of *al-Islamiyah's da'wah* strategies.

In Lenda Jurmiana's research on the Influence of Religious Mental

Development On Tni Soldiers, Kosek Hanudnas Iii Medan Polonia further sharpens the function of mental formation carried out by TNI Bintal at the unit level, which refers to the guidelines for religious mental development in the TNI Headquarters environment. Shows that a person's behaviour can be shaped and changed. However, a person's growth phase is essential in shaping his behaviour. Allah SWT sent a messenger to find a way to make humans become straight individuals by Islamic demands. In his view, mental development in TNI institutions functions as a process of forming the mentality of TNI members while on duty.

Based on the research results of [Saeful Akhyar Lubis et al. \(2021\)](#), which were published in JALIE: Journal of Applied Linguistics and Islamic Education Volume 05, Number 01, March 2021; p-ISSN: 2549-7804; e-ISSN: 2549-8622; 94-113 emphasizes that without any religious mental development at all, humans will never be able to determine their path towards the right and straight path. They remember that human life development is only sometimes smooth and complete. In Islamic religious or spiritual mental development, the Indonesian National Army Navy (TNI AL) aims to make members of the Indonesian Navy believers, do good deeds taught by the Prophet Muhammad SAW, and have a Muslim personality. Tough and knowledgeable.

Coverage of TNI Moral and Mental Development

The development of moral and mental characteristics of the TNI under Pusbintal TNI has several scopes, including character development, mental development, religious and faith development, social development, cultural development, and safety development. The scope of mental and moral development for TNI soldiers is significant to form TNI soldiers with character and solid mental abilities to carry out their duties and responsibilities well and with dedication. According to the TNI Head of Pusbintal, religion also has the power of dogma, which is derived from sacred texts. Then, his experience was revealed in the form of an interpretation.

Meanwhile, the implementation process will be left to each person or group. In this case, the TNI Pusbintal carries out religious and mental development for its members, not only on aspects of TNI struggle and behaviour on the battlefield. However, there is also ongoing coaching carried out by Pusbintal and all bintals in each unit always to pay attention to the inner aspects of members. In this way, the TNI will show its figure

as the guardian of the sovereignty of the Republic of Indonesia, which does not exclude the practice of religion as its identity ([interview with the Head of the TNI Binal Center on March 28 2023](#)).

Meanwhile, regarding the scope of mental development according to the guidebook published by the TNI Headquarters with Sprin Panglima number 736/IV/2022, concerning References for mental development in the TNI environment, the scope of Mental Development for the TNI, among others, includes elements of spiritual (religious) formation, including morals. Noble and worshipful. (TNI ([Headquarters, 2022: 5](#)) shows how important it is that AGA values are applied in the TNI environment as a mainstay in developing members' character.

Character development for TNI soldiers aims to form TNI soldiers with solid character and good character. The character in question includes the values of honesty, integrity, responsibility, discipline, hard work, cooperation, example and fighting spirit. The value of honesty is given in coaching members using a religious approach. The honest attitude of a TNI member has been instilled since the initial training period as a TNI member. In this way, every wrong work step will be immediately evaluated.

Moreover, it immediately returned to normal after the error was resolved, starting with acknowledging the error made by TNI personnel. Apart from that, the value of integrity is the basis of a TNI member's responsibility for their duties. This method effectively achieves complete success every time you carry out the main tasks. Likewise, the hard work shown by every TNI member is a form of success in developing the mentality of TNI soldiers based on doctrine and religion. Every time TNI members carry out their duties, it is inevitable that no one works casually. However, take your duties seriously. Next is an exemplary attitude. This attitude is part of the attitude instilled by TNI officers to make TNI members role models in society in various actions and aspects of handling problems in the field.

Character development for TNI soldiers aims to form TNI soldiers with solid character and good character. The character in question includes the values of honesty, integrity, responsibility, discipline, hard work, cooperation, example and fighting spirit. The value of honesty is given in coaching members using a religious approach. The honest attitude of a TNI member has been instilled since the initial training period as a TNI member. In this way, every wrong work step will be immediately evaluated.

Mental development for TNI soldiers aims to develop their ability to

deal with pressure and stress in carrying out their duties and build the ability to overcome difficulties and challenges. In psychological theory, it is known as a coping mechanism. So, to help TNI members cope well, continuous training is carried out regarding mental attitudes when facing various pressure problems that are likely to occur when carrying out their duties. An uncompromising mental attitude, being able to control pressure to find a relaxed and comfortable mental situation, and making work more accessible. This is an effort to control a good mental attitude. The ability to control various pressures is often not trained in the environment of other institutions or institutions where fellow State servants are involved. However, in the Indonesian National Army institution, it is carried out as a form of mental development for TNI members so that they can control and have coping skills in overcoming problems.

Religious and faith development aims to form TNI soldiers who have strong faith and devotion and understand and practice the teachings of the religion they adhere to. In this *al-Islamiyah da'wah* approach, the concept of da'wah activities includes *tabligh, irsyad, tadbir, tabthwir* and *ta'lim*. Shows the importance of each religion adhered to by TNI members in various ranks and corps, always paying attention to religion as a basis for behaviour. Likewise, those who are Muslim will be given a complete understanding of al-Islam as a whole so that a terrorist movement with a religious face does not trap every member of the TNI. This method is compelling so that every member of the TNI has a filter in practising religion and has the mental strength to continue to protect the Republic of Indonesia and its sovereignty.

Social development aims to develop the ability of TNI soldiers to socialize with society, understand social conditions, and develop attitudes of tolerance and cooperation. The culture of cooperation among TNI members continues to be fostered so that individual arrogance will not emerge due to disobedience to the regulations set by the institution. Togetherness will always be seen in every cooperation movement. The application of the Korsa spirit continues to roll out along with the traditions within the TNI. Gotong royong itself is the identity of the Indonesian nation, which is then preserved in the TNI institutions whenever they carry out any activity, including his caring attitude towards society. These include assisting people in need in an emergency or carrying out duties on the battlefield.

The cultural training provided to TNI soldiers aims to develop TNI

soldiers' awareness of the importance of preserving local culture and wisdom, as well as understanding and appreciating cultural diversity in Indonesia. The TNI also has a role in preserving Indonesian culture; this embodies the doctrine of protecting the sovereignty of the Republic of Indonesia. Because the destruction of a country's culture is the same as the collapse of that country's recognition as a territory, the region's status will still be felt if it can maintain its culture intact. Indonesia has a variety of cultures. Therefore, every TNI member must be able to appreciate and respect the culture in which they serve. Local wisdom is considered necessary in developing the mentality of TNI soldiers because understanding local wisdom is necessary for many to avoid difficulties in carrying out their duties in various regions in the Unitary State of the Republic of Indonesia. Local culture and wisdom are often displayed to attract foreign tourists' interest. This method was a form of concern for TNI members towards their homeland and culture.

Safety training aims to develop the ability of TNI soldiers to protect themselves and their teammates in carrying out their duties, as well as understanding the importance of safety in all aspects of life. This safety development is realized by organizing health-like units such as hospitals, clinics or other health posts. Likewise, when carrying out their duties on the battlefield, every TNI member must be able to provide health service facilities for other TNI members. For this reason, mental development is needed for TNI members who serve in the Health Corps. It is not impossible that when they carry out their noble duties, they will be hampered and confronted by the enemy, which will cause the mental attitude of TNI members to decline. This training is carried out universally, starting from the ability to provide services to members who need health services and the importance of soldier safety. (TNI Headquarters, 2022:7).

Spiritually Based TNI Moral and Mental Development at PUSBINTAL TNI

The TNI Mental and Spiritual Development Center (Pusbintal) has its system, methods, and techniques for providing services to foster and restore the mental, moral, and spiritual health of TNI soldiers and their families. The following are several systems, methods and service techniques Pusbintal TNI uses. This is a breakthrough in the process of mental development within the TNI, involving a unique institution within the TNI institution, called Pusbintal TNI, as a forum for fostering religious

practice. This is not found in personal coaching in other institutional environments. Moreover, it imposes sanctions as a legal consequence for those who violate policies regarding religious practice orders. Pusbintal TNI implements an integrated service system that includes coaching, recovery, and counselling. This system aims to ensure TNI soldiers and their families receive holistic and integrated services according to their needs and problems.

Holistic development of the soul will give birth to regular memory absorption, which impacts the storage of good impressions in the human brain and then forwarded to *Qalb*. This is how a doctrine becomes strengthened in behaviour. This has been tested by various groups, both Sufis and psychologists. Sufis do this with ritual routines to apply spiritual and mental aspects. Meanwhile, psychologists provide arguments about the importance of routine development and maintenance of the soul as a form of concern for humanity. The impact can be seen in physical movements (bodies). Thus, the coaching pattern carried out by the TNI Pusbintal meets the criteria for coaching and maintenance based on Sufistic and Psychological reviews. In the Sufistic review, the TNI institution implements guidance through the eight mandatory TNI requirements and the Soldier's Oath. Meanwhile, the psychological review uses the understanding of Sapta Marga. Three TNI doctrines influence the attitudes and actions of TNI soldiers.

The spiritual approach used in the mental and moral development of the TNI is meditation, prayer and *dhikr*. *Dhikr* is an element of spiritual formation directed at achieving peace of mind while carrying out tasks (Kamila, 2022). *Dhikr* is defined as remembering or mentioning (Munawir, 1997). *Dhikr* is also a form of *mahabbah* (love of God). As stated by the Sufis, every time someone makes a *dhikr*, it is sure that they are close to God. God's love gives humans strength to always *dhikr*. Someone who loves something will always mention it and remember it.

Prayer is a spiritually-based mental and moral development technique given to TNI soldiers. Prayer is also embedded in the moral and mental development process of TNI soldiers, where prayer implies bringing peace of mind to TNI soldiers in carrying out their duties even in difficult situations. Prayer is also a form of belief in God. Prayer can be interpreted as using good words collectively or individually to ask God for what is hoped for (Thouless, 2000). Praying also influences the psyche; the soul becomes calm, peaceful and confident in doing something (Kamila, 2022).

TNI soldiers need calmness, tranquillity and confidence in carrying out their duties, functions and roles in maintaining the integrity of the Republic of Indonesia.

According to the TNI Bintal Center head, prayer and *dhikr* activities are carried out regularly and are directly led by the Commander in Chief. *Dhikr* and prayer are considered important in working as a TNI soldier. These techniques aim to restore the mental and spiritual state of TNI soldiers and their families. The spiritual recovery techniques used by Pusbintal are very different from those used by the TNI psychology service. Pusbintal TNI also uses psychological recovery techniques, such as music, art and sports therapy. These techniques aim to help TNI soldiers and their families overcome mental health problems and improve their quality of life. In implementing these service systems, methods and techniques, Pusbintal TNI also refers to references for the mental and moral development of TNI soldiers and guidelines that TNI institutions have established. This aims to ensure that the services provided are by the values and principles held by the TNI. Researchers also found valuable information for other institutions implementing a mental development system, namely that TNI institutions at the Commander-in-Chief level, the highest official figure within the Indonesian National Army, carry out mental training for religious practice programmed by the TNI Pusbintal. This provides an example for institutions other than the TNI.

CONCLUSION

TNI soldiers with moral, solid, and mental characteristics have an impact in carrying out their duties and responsibilities in protecting the Republic of Indonesia. Building moral and mental characteristics for TNI soldiers is vital. The tiered coaching pattern is carried out in TNI institutions, not only educational institutions (LEMDIK). Instead, it is the duty and responsibility of the soldiers themselves based on the Sapta Marga doctrine and the Soldier's Oath. It is also equipped with efforts to align with the eight TNI conscripts. Spiritually based moral and mental development using prayer, *dhikr*, and meditation techniques plays a vital role in the continuity of soldiers' duties.

The existence of a Mental Development Center in TNI institutions manifests the importance of instilling spiritual values in state security officers. Therefore, from a da'wah perspective, the TNI Pusbintal can be categorized as a da'wah institution that carries out institutional da'wah or

hizbiyyah da'wah. This institution is vital to strengthening the mentality and morale of TNI soldiers based on Islamic spiritual values. Thus, it will strengthen the TNI, which is not only an educational institution that produces strong soldiers but also has a depth of spirituality in carrying out its duties to maintain national security and defence.

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